

Associazione Sportiva Dilettantistica
AMATORI PODISTICA TERNI
Via Medici, 40 - 05100 TERNI
www.amatoripodisticaterni.it

REGULATION OF THE 15TH ST. VALENTINE'S MARATHON
FEBRUARY 15, 2026

Amatori Podistica Terni organizes the 15th edition of "Saint Valentine Marathon", an international running event of 42,195 km or 21,097 km, in collaboration with the diocese of Terni Narni Amelia, the municipalities, the institutions, pro loco associations of Terni, Ferentillo, Arrone, Montefranco, Collestatte and Narni, the patronage of the CARIT Foundation and the CCIA from Terni, the running teams of Terni, the patronage of the Umbria region and the province of Terni.

- 01-REGISTRATION
- 02-ROUTE
- 03-TIME LIMIT
- 04- GATHERING
- 05-RULES OF THE ROAD
- 06-CHECKPOINTS
- 07-BANS
- 08-CONDITIONS OF THE EVENT
- 09-REFRESHMENT POINTS
- 10-MEDICAL ASSISTANCE
- 11-CIVIL PROTECTION
- 12-TIMING – PACEMAKER
- 13-RACE PACK
- 14-AWARDS
- 15-RESPONSIBILITY
- 16-POSSIBLE
- 17-REPLACEMENT OF THE BIB
- 18-COMPLAINTS

1-REGISTRATION

PARTICIPATION REQUIREMENTS

Based on what is found in the "Rules for the Organization of No-Stadia Events" issued by FIDAL, athletes licensed in Italy limited to people from 20 years (thousandth of age) for the marathon and of 18 years of age and older (thousandth of age) for the half marathon, can participate if they are in possession of one of the following prerequisites:

- Athletes registered for 2026 with a FIDAL affiliated company
- Italian and foreign athletes in possession of Runcard (valid as sports insurance and permission to compete) and Athletes registered for a Sports Promotion Body (Athletic Section), holders of Runcard-EPS, limited to people for 20 years of age with a medical certificate of competitive fitness for athletics currently valid. It will be obligatory controlled by the organizer and kept in the records of the organizing company of each event.

- Italian and foreign athletes not registered in Italy with a membership card of clubs affiliated with Foreign Athletics Federations recognized by World Athletics. Alternatively, at the moment of registration they must present the self-certification of possession of the card recognized by World Athletics. The self-certification will then, in any case, be signed in original upon collection of the bib. If the registration is not signed by the president of the company, who assumes all the responsibilities, the athlete must present the copy of FIDAL 2026 or Runcard 2026 renewal and the medical certificate of competitive fitness. If the registration takes place before the membership renewal, the athlete must send, as soon as possible, the copy of FIDAL 2026 renewal or a replacement declaration of the successful membership, on headed paper of their own company signed by the president.

****BEWARE** MEDICAL CERTIFICATES MUST NOT HAVE THE WORDS “RUNNING”, “RACE”, “MARATHON” etc., THEY WILL NOT BE ACCEPTED. IT WILL BE FINE ONLY AND EXCLUSIVELY “ATHLETIC”.**

Registrations of athletes not in compliance

with the “Participation Requirements” are not allowed. Registrations without the payment receipt are not allowed. The payment receipt has to be sent to: fax: 07563062390 or e-mail:

maratonadisanvalentino@icron.it,

At the pick-up of the bib the athlete has to present a valid identity document. All the members are asked to bring the medical certificate of competitive fitness in case of need, even if it has already been sent to Dreamrunners.

Or register with the group Amatori Podistica Terni, info@maratonadisanvalentino.it

- Foreign athletes without any membership card can participate at the non-competitive race for tourism-sports purposes, limited to people from 20 years of age (thousandth of age: 2001). As highlighted in the explanatory note of the Ministry of Health of 17/06/2015 on the Decree of the Ministry of Health of 08/08/2014, foreign people are not required to present a medical certificate, but they will sign an indemnity (Icron.it) towards the organizers. These participants will be placed in an alphabetic order when they arrive. It will be a different list from the ranking of the competitive event and they won't benefit from prizes in kind, cash prizes, buoni valore, bonus, engagements and reimbursement of expenses of any type.

-Foreign Athletes Not Resident in Italy who intend to run the marathon in a non-competitive manner

Foreign citizens residing abroad may participate, limited to individuals aged 20 and over (to be completed by 31/12/2025), who are not members of a club affiliated with FIDAL nor of a foreign Athletics Club affiliated with World Athletics, in the non-competitive event without submitting a medical certificate. This type of participation exclusively requires filling out the self-certification (the liability waiver form).

Please note: By choosing this option, the athlete will be included in an order of arrival, separate from the ranking of the competitive event, will also see their time listed in alphabetical order, and will not be eligible for prizes in kind or money.

FINAL WARNING: the organizers guarantee the organization of an event safely according to existing rules and requirements at the time of the event. Additional specifications will be indicated

if necessary. The organization will adopt all the rules and the procedures according to the government and the Scientific Technical Committee. The organizers will do everything to reduce the risk of infection: the best result will be obtained thanks to the collaboration of the participants. The organization reserves the right to modify this Regulation at any time in accordance to the necessities caused by the Covid-19 or due to appropriate reasons that will ensure a better organization of the race. It will be possible after giving notice to FIDAL and after having approved the changes. For matters not covered by this Regulation, the technical norms of FIDAL and G.G.G. are valid.

Any changes to services, places and times will be communicated to the registered athletes or they will be shown on the website www.maratonadisavalentino.it

In addition, the documentation with the essential information to take part to the race will be given by the organization with the bib.

2-The race will take place on the following route: Terni – Arrone – Ferentillo – Terni. Total km: 42,195. The route will be approved, paved, mixed, panoramic, closed to traffic in line with the need of the circulation of the day.

3-Starting at 9:30 am, the maximum time is 6 hours.

4-The gathering is at 8 o'clock at Piazza della Repubblica, Terni

The parking is in Via Giovanni Prati, camposcuola Casagrande

4.2-Bib and race pack delivery at Expo Marathon Palaternali Viale dello Stadio, from Saturday 17 at 10 am. For those who won't arrive the day before, bib collection at the start of the race.

The participants can, if deems it appropriate, fill in the back of the bib.

Follow the link to get directions on how to get there.

5-The route is full of indications made with arrows. The participants are bound to respect the rules of the road.

6-Checkpoints will be placed along the route. All the participants who deviate, with any mechanical means or without the bib in clear view will be disqualified.

7-It is not allowed for all the athletes in competition to have the support of athletes out of the race on foot or by bicycle. They will be disqualified instantly.

8-The event will take place in all weathers.

9-Refreshment points and sponge points according to FIDAL. Available gluten-free.

10-Medical assistance with ambulance service and medical staff on board.

11-CB Radio service managed by the Civil Protection

12-Timing: with electronic chip. It must not be returned.

12.2- Pacemaker service for marathon and half marathon. See site

Marathon times: 3h15 - 3h30 - 3h45 - 4h00 - 4h15 - 4h30 - 5h00

Half marathon times: 1h37 - 1h45 - 1h52 - 2h00 - 2h07 - 2h15

13-Race pack

Marathon:

Technical t-shirt with St. Valentine Marathon branding, chocolate heart, food parcel, discounted entry to Marmore Falls (max. 200)

To all the participants: commemorative medal.

Half marathon:

Technical t-shirt with St. Valentine Marathon branding, chocolate heart, discounted entry to Marmore Falls (max. 200)

To all the participants: commemorative medal.

14-AWARDS

Award for the first 20 pairs ranked for the Marathon and 20 pairs ranked for the Half Marathon registered in pairs by January 31st, 2024. A male and a female, partner in life o race, considering the sum of the real time of each. Win the bib of the most beautiful marathons.

-Prize of reimbursement of expenses for the first 7 clubs with at least 20 participants who have concluded the 42,195km and 21,097km.

1st club: €500

2nd club: €300

3rd club: €200

4th club: €150

5th club: €100

6th club: €100

7th club: €50

The ranking will be done by assigning 2 points for each marathon runner who got to the finish line, 1 point for each participant who concluded the 21km. A bonus of 15 points will be assigned to the clubs which came from the region Umbria.

-Awards

3 males and 3 females for the 42,195 km

Male

First place: €600,00 - €1000,00 with a time less than 2h 20'

Second place: €300,00

Third place: €200,00

Fourth place: €150,00

Fifth place: €80,00

Female

First place: €600,00 - €1000,00 with a time less than 2h 20'

Second place: €300,00

Third place: €200,00

Fourth place: €150,00

Fifth place: €80,00

Italian males and females:

First place: €150,00

Second place: €100,00

Third place: €70,00

Fourth place: €50,00

Fifth place: €40,00

No prize will be paid on race day, they will be paid on March 31st, 2024.

3 males and 3 females for the 21,097 km

First place: €150,00

Second place: €100,00

Third place: €50,00

Italian males and females:

First place: €75,00

-Awards for categories

The following categories will be awarded:

Male: 18/34 years old 35/39, 40/44, 45/49, 50/54, 55/59, 60/64, 65/69, 70 and over

Female: 18/34 years old 35/39, 40/44, 45/49, 50/54, 55/59, 60/64, 65/69, 70 and over

3 prizes for each category

For people from Terni: special race at the end of the Marathon in memory of Alberto Nullo, exemplary person who has dedicated his whole life to running in Terni and in Umbria.

15-The participants by the mere fact of registration exempt the organization from any and all liability for damage to people or objects that may happen during the event. The athlete claims to know and accept the Regulation of the 15th edition of Saint Valentine's Marathon (as published on the site www.maratonadisantalvalentino.it). Furthermore, the participant must declare he fully accepts the following declaration of responsibility:

"I recognize that attending this event is potentially dangerous and I shouldn't register and participate unless I'm medically appropriate and suitably trained.

With the acceptance of my registration request, I assume full and complete responsibility for any injury or accident that may happen while I am traveling to go or return from the event, during the event, or while I am in the places where it takes place.

I am also aware of the possibility and I assume all the risks related to participation in this event, which include (but they are not limited to) falls, contact with other participants, effects of wind, traffic and conditions of the road.

I, for myself and for my heirs and executors, hereby renounce, free and forever exempt the organizers of the event, the Amateur Sports Association Amatori Podistica Terni, the promoters, the Administration of the municipalities involved, the Provincial Administration of Terni, the Regional Administration of Umbria, all the sponsors of the event, their representatives, successors, officials, directors, members, agents and employees of the Companies above-mentioned of all present and future claims or responsibilities, of any type, known or unknown arising from my participation in the event. I understand that this disclaimer includes any claims for facts caused by negligence, action or non-compliance of any of the above-mentioned parties, or otherwise."

16-The Organizing Committee reserves the right to bring any changes that may be necessary to guarantee the success of this event, agreed and authorized with CR and National FIDAL, and the right to replace the awards provided with others of equal value.

In accordance with the EU Regulation 679/2016, the personal data collected will be used only to

prepare the list of participants, the ranking and the historical archive, to provide the services declared in the regulation, to send informative material.

By registering for the Saint Valentine's Marathon, the athlete authorizes the organizers, together with media partners, to use stationary or moving images that possibly portray him during his participation in the race, on all media, including promotional and/or advertising materials, worldwide and for maximum time allowed by laws, regulations, treaties in force, including any extension of the projected period.

17-The race-bib can be sold by communication by February 15nd, 2026 filling in the registration form

for the successor. Administration fee: €10. Registration may be transferred to the following year, communicating it by email or fax by February 15nd, 2026. Administration fee: €10. There is no refund of the fee.

18-Any complaints must be submitted in the first instance verbally to the referee and, then, in the second instance in writing at the ICT within 30 minutes of the publication of the order of arrival of the reference race. It must be duly signed by the referee on arrival and accompanied by the fee of €100,00 refundable in case of acceptance.

For matter not covered in this regulation, the technical rules issued by Fidal last year are valid

Amateur Sports Association

Amatori Podistica Terni

THE PRESIDENT

of Amatori Podistica Terni

Alessio Schiavo